

HELP US

HELP

YOU!



It is important for us to know exactly what **MEDICATIONS** you are taking.

This helps us with your diagnosis and treatment.

What medications are you taking?

- Medications include prescription medicines you can only obtain with a doctor's order and over-the counter medicines such as aspirin, acetaminophen, laxatives, herbal remedies, vitamins and minerals
- Medications include pills, liquids, eye/ear drops, inhalers, nose sprays, injections, patches and creams
- It is very important that we know exactly what medications you are taking whenever you come to the Emergency Department
- Even if you have been to our Hospital before, we may not have the most up-to-date list of your medications

What can you do to make sure we know your medications

At This Visit:

- If you are waiting to be seen in the ER ask a family member to bring in your medications, or at least the most up-to-date list
- Write out your medications on the form provided on back
- Let us know what pharmacy you get your medications from

For The Next Time:

- Keep an up-to-date list of all your medications in your purse/wallet and glove box so it's there when you need it
- See your pharmacist to have a free "MedsCheck" done. They will review the proper use of all your medications and generate an accurate list

TIPS ON MAKING A MEDICATION LIST

- | | |
|---------------------------------|---|
| 1. Allergies | • medications, food and environmental |
| 2. Prescription medications | • such as antibiotics, blood pressure pills |
| 3. Non-Prescription Medications | • such as acetaminophen (Tylenol), Aspirin |
| 4. Vitamins and Minerals | • such as Vitamin D, Calcium |
| 5. Herbal Medications | • such as St. John's Wort |
| 6. Supplements | • such as Glucosamine, Coenzyme Q10 |



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Medication List for: _____

Date: _____

Pharmacy Name: _____

Family Doctor: _____

Medication Name	Strength (mg)	How Many Each Time?	When Do you Take it? (Check all that apply)				What Do You Take It For
			Morning	Afternoon	Evening	Bedtime	
Example: Atorvastatin (Lipitor)	10mg	1 tablet				✓	High Cholesterol

- Don't Forget**
- Eye/ear drops
 - Inhalers or Nasal Sprays
 - Medicated Patches or Creams
 - Injectable medications (such as Insulin)
 - Medication Samples from Your Doctor